

2026 NLS - Lakeland - Cross Country Schedule (as of 7-27-26)

Coach: Nikki Hagen (nhagen@nles.us)

September

MON	TUES	WED	THURS	FRI
	1 First Day of School Practice 3:30-4:30	2	3 Practice 3:30-4:30	4 No School No Practice
7 Labor Day No school / no practice	8 Practice 330 - 430	9	10 Rhineland Meet	11 Practice 3:30-4:30
14 Practice 330 - 430 or Lakeland Team event @ NL	15 Practice 330 - 430	16	17 Wausau - Jr Smiley	18 Practice 3:30-4:30
21 Practice 3:30-4:30	22 Practice 330 - 430 OR @ Wausau?	23	24 Three Lakes Meet	25 Practice 3:30-4:30
28 Practice 3:30-4:30	29 Practice 3:30-4:30	30		

October

MON	TUES	WED	THURS	FRI
			1 Outdoor Ed - no practice	2 Outdoor Ed - no practice
5 Last Practice 3:30-4:30	6 Northland Pines Meet	7	8 Tomahawk Meet	9